

## Ice Cream

by Anne Sloan

Inevitable component of a birthday party, along with a cake,  
Comes in so many flavors nowadays, a choice is hard to make.  
Everyone, most everyone, will admit to loving it—

Can't resist enjoying "maybe just a little bit."  
Remembering the good old summer days  
Ever mindful of those childhood ways  
An ice cream cone was a wonderful treat  
Many a day it was used to beat the heat.

Put them all together, they spell ice cream, that delicious concoction that has been known in America since the days when George Washington and Thomas Jefferson served it to their guests. Our friend, Dolly Madison, served it in 1812!

The origins of ice cream date back to Nero in the 4<sup>th</sup> Century B.C. when he ordered ice brought down from the mountains and mixed it with fruit. In 6<sup>th</sup> Century China, King Tang discovered a method of creating ice and milk concoctions. It came from China to Europe and then the United States.

We've come a long way! Think about the time when we could walk to the corner drug store, climb upon a stool at the soda fountain and order a sundae or a banana split. A banana split was a special treat. Any ice cream confection is welcome in the summer heat. It is so versatile that it can be added to many kinds of dishes. Having an ice cream cake is a great way to celebrate most any occasion.

Ice cream socials have been used for get-togethers of any sort since time immemorial. Any old excuse will do to schedule one of these. A special kind a celebration calls for a gathering such as this. What better way to commemorate Windsor's 50<sup>th</sup> than to join in our Ice Cream Social. Come and celebrate the waning days of summer with a little ice cream (or a lot!) in the gazebos with your special friends and neighbors. We'll be looking for you!