

## Fight or Flight

*by Carole Gauntlett*

"Flights of fancy" can be delightful dreams.  
Often far better than reality it seems.

There are flights of geese that travel in vees  
And drop in a jumble wherever they please.

You can "fly by the seat of your pants" if you will  
But it's not very easy and quite hard on the twill.

You can be a fly on the wall or a "Fly by night."  
You can "fly off the handle" and get into a fight.

I've heard you can "Fly in the face of adversity."  
Both courage and strength would be a necessity.

There's always a chance of a "Fly in the ointment"  
To mess with your head and cause grave disappointment.

A book by Anne Patchett which I recently read  
Called "Flight Behavior" seems stuck in my head.

Both Monarch migration and the need some people hold  
That there may come a day when you need to be bold.

You pick up and take flight as the butterflies do  
And migrate to a climate much better for you.