

Now is Now

By Carole Gauntlett

“Then” was then and “now” is now –
Try not to ask the “why” or the “how”
Just accept it now and every day,
It wouldn't change things anyway.

I've time now to read all my treasured books
And to voice my opinion despite dubious looks.

I make most of the gifts that I give away
By painting and quilting or working with clay.

I can eat breakfast at ten and dinner at nine
If it's rules that I'm breaking, it's OK, they're not mine.

I can watch Netflix movies any time of the day
While wearing an outfit I SHOULD throw away.

I treasure my privacy living alone
Some days I don't even answer the phone.

I've time that I didn't have back in the “then”
Where I wondered and worried and thought about “when.”

I did love the “then” with work I adored
And raising my children, I never was bored.

My days were a joy with the man in my life
And through all of those days I loved being his wife.

My “then” is a time that I truly embrace
My “now” is a time where I have my own space.

So the “then” was “then” and the “now” is “now”
I live in the present, contented with “now.”