Today's Interview By Donna Bishop

"My special guest today is a talented writer and teacher, Paul Selig. He is the former director of a master's program of Creative Writing at Goddard College and served on the faculty of the New York University Tisch School of the Arts for twenty-five years."

Paul is clairvoyant and has a private practice as an intuitive and healer in New York City. This work has taken Paul on an extraordinary journey which he will share today."

"Paul, I know you are in Colorado to present a workshop. Tell us how your journey started."

"I received my master's degree from Yale and joined the faculty at NYU. I grew up in New York in a non- religious family. In my early twenties I had a personal crisis which prompted me to pray for the first time in my life. Shortly after that I started seeing sparks of lights around people. I thought I was having a mental breakdown. I soon discovered that if I touched a person I received thoughts which helped the person to heal. Eventually I started hearing voices. It has been a process over a number of years."

"Paul, can you explain this process a little more to us?"

"Clairvoyance means clear vision. We also refer to it as extra sensory perception. I think of myself as a radio. I seem to have the ability to "tune in" to a variety of unique frequencies or vibrations being transmitted. I don't think I'm special in this ability. I think it is available to all of us. Many of you have had the experience of thinking of someone at the same time they called. Or perhaps you get a sudden ache in your back and the person with you complains of a backache."

"Paul, you have channeled five books since 2009. Would you explain what channeling means as opposed to you being the author of these works?"

"I said I act as a radio receiving a frequency which I transmit. In the case of the books I tuned into a frequency which I call Guides. This is a conscious energy that dictates into my mind and I verbalize what I hear. I record on a CD at the same time a colleague across the country in Berkley listens to the dictation and takes notes. The Guides have stated that their purpose is to raise the vibrational level of mankind to a new awareness of who he is created to be. Some of the ideas the Guides express are hard for me to accept. This is scary. The first book I AM THE WORD was 327 pages dictated in two and a half weeks and required no editing. It is impossible for me to have been the author."

"I'm sorry our time is up for the interview. Would you come again soon to discuss your books?"

"Of course I would be delighted to come the next time I'm in Colorado."