

Life's Expectations

By Donna Bishop

Life's expectation is to show up through me.
Life lives and grows in this body through me.
Life feels joy and laughter through me.
Life shares anger and fear through me.
Life knows health and sickness through me.
Life touches and is touched through me.
Life loves and is loved through me.
Life lets go of this body through me.
Life's expectation is eternal through me.