

## Multitudes of Experiences

*By Donna Bishop*

The seemingly small choices we make at each intersection of our daily living have an impact on us physically, mentally, and spiritually. Each decision, small or large, leads to a different set of experiences. Those experiences only have the meaning you attach to them.

Two people independently turn right at the intersection and find themselves on a jungle path. One person is terrified of being lost or harmed in this alien environment. The other person is fascinated by the beauty and wonder of the place. Each person has attached their own meaning or response to the experience. There was nothing inherently good or not good about the decision to turn right at the intersection.

Each intersection in life requires a choice: stay where we are, move straight ahead, turn right or turn left. Too often staying where we are appears to be a pretty good bet, even moving straight ahead looks like a safe move. It is those right turns or left turns that are the most worrisome. We just can't quite see far enough down those directions to feel comfortable.

How do we gain the confidence to navigate the multitude of intersections? Many times it takes trial and error along with a willingness to recognize that we all have the power to change the way we choose to respond as we travel the pathway.

Intersections are a blessing on our journey through life. Each direction offers its own set of experiences. All roads lead Home. Enjoy the trip or not. It is your choice.