

Random Things that Move Me

By Dennis Payton Knight

I'm still making the list, but,
Watching the sun rise over the Atlantic and set into the Pacific.
Big ships, sailboats, ocean waves, and seashells;
These are the things that move me.

A cloudburst, double rainbow, and running to find the pot of gold,
Drive-in movies in summer and snow on Christmas morning.
The rolling sand dunes of Nebraska hidden under trees and grasses.
A fawn in a forest meadow, and an eagle on the rise.
Bright green aspen that quake in the spring and golden aspen that quake in the fall,
These are the things that move me.

Horses in the meadow, tractors in the fields,
The works of Vincent Van Gogh and the paintings of Georgia O'Keefe
The western art of Charlie Russell, the cowboy poetry of Baxter Black,
A Mozart horn concerto, and Louis Armstrong singing with Ella Fitzgerald,
The rhythm of the Mudra, the drumbeat of the Taiko, and
The dance of a sage grouse.
These are the things that move me.

Singing in the shower and walking the dog.
A thunderstorm on a summer day, snow on Christmas morning,
An owl hooting on the High Line Canal.
Lake Marie and mountain waterfalls,
Picnics at Vedauwoo and Lake Loveland.
Sitting on the Mississippi River.
The speeches of Lincoln, the wisdom of Gandhi,
The commitment of Mother Therese, the mind of Ginsburg,
The dreams of King and the victories of Obama.
These are the things that move me.

The laughter of love and the laughter of friendship.
The place where I live.
My boys learning, playing and growing into men.
My granddaughter on a stool, helping to make our breakfast.
My infant great-grandson gripping my finger,
And a road trip with my son.
I'm still making the list, but those are the things that move me.