

# Energy

Stars and Sun date 35087  
13 March 2018 by Harry Zirkelbach

The very word is compelling. Insists on action. A fit topic for any writer, every week.

Surely everyone is here because of the energy created by the most unusual, most common machine, the human body. As David wrote 2600 years ago in Psalm 139, "I am Wonderously Made", he recognized the complexity of the house he lived in, the human body. That dwelling that could think, act, create, any most significantly, generate its own energy.

We come to this room energized. When each had read, our host will provide bits of nourishment, which each body will turn into future energy for the next agenda on its schedule.

As a child, playing with the others, one precocious small girl explained to all,, how what we eat became usable. She had this fantasy; zillions of small people with small shovels tossed each morsel coming down the throat into a proper orifice to provide the strength for the body to function. Then then these diligent workers sat around and played like we were doing, awaiting that next delivery.

Her imagination was not far for the operation of the mechanical. engineering, electrical, chemical factories in our home, the human body. All controlled by the mind, to which they provide the essential, energy.

What is eaten is refined into a "soup" that our machinery uses to create small amounts of energy the brain needs to

function. There thousands of messages are sent continuously to every part our house to continue its existence. And this is endless, until the switch is turned off.

While alive, it has been estimated that untold millions of messages are sent instantly by the brain, which knows just what energy every part of our home needs to do the most simplest of things like blink, read, speak.

And more. It provides all the heat needed to keep the body at something like 98.4 degrees Fahrenheit. There will be times when the the body will seek more energy, and so it is as the minds decides on the disposition of energy to all its parts.

This human body is that hint of the utopian dream, a perpetual motion machine, operation on its own, forever. Well, it is mighty close, needing only an occasional meal to convert food into fuel. Of course the warranty will expire; no machine, even the sun, the source of all energy, is perpetual.

But daily, the mind is a marvel, supplying energy to maintain our existence in this world of continuous challenges.

Hopefully all will turn to books and articles exploring the potential of the brain of the most ordinary of humans. Secrets not yet imagined, to become known tomorrow, enjoyed for the hint that each possess a computer of unrealized potential to be given while most alive will enjoy.