

A PLACE TO LIVE

by Josephine Easterling

Windsor Gardens is a very, very colorful place with flowers all around. People move in and stay put because mostly seniors live here. They want to take care of us. Perhaps we all have had other homes with families, they've grown up, and left the rooster's nest, so we have to be on our own.

You will see many buildings; to be exact, my building has four floors. There are 12 units per floor with a total of 48 units. The security is wonderful, you feel so safe.

What I like about Windsor Gardens is that it's a show off! With people taking their dogs for long, long walks. Where here they get their exercise. Sometime as much as four times a day! You have to be fit to keep up with the animals. Sometimes people dress the animals in different color sweaters. They are dressed for style. Now it's spring. I saw a little dog dressed in Polk-a-dots.

There are two ladies that I miss. They are twins, and they are always dressing alike, with caps to match. I never met them or knew their names. I asked around and someone knew them, and told me one was in the hospital. The other one I saw her walking to King Soopers about two months ago. I hope and pray that they will survive. One day one had a banana that they shared. We all need that for potassium. I hope there's help on the way. Almighty God with love, that is the first commandment. He wants better health for all of his people.

Whether gazing at people or not one man makes his running over the whole area of Windsor bare chest! All seasons!

Well, there is much to do at Windsor. There is the chair exercise, also aerobics, dancing which I love, but now I'm in the writing group. It takes me back to memories, but if all this takes your breath away, there is a health center around the corner.