

FOOD FOR THOUGHT

by Josephine Easterling

Tis the season. What about the season of December. It may be cold, but for a reason... It's winter time. There will be snow...burr, burr. How cozy it is to come home to a cup of hot chocolate. The harvest has been brought, and the crops have been very, very, fruitful this year. The marketplace is very colorful. The farmers have worked so hard. What is your favorite? Is it sweet, sweet corn on the cob? My grandson's favorite. He can eat it so fast, like he put it on an electric sword! It's the time of the year when families are blessed to have time off from work, maybe a week or two. The farmers have toiled and labored in their work, for their work has been very rewarding. So let's be grateful, and thankful. Now with your happy family, share a wonderful meal together.

What will your appetite be? The fruit is in good season! Perhaps you favor the black grapes that use to be larger in size; however, we go for it!

Now let's go for the real meal, the family is here, and you want to enjoy, it's a tradition to have a special meal this season! You may choose a turkey, or a Cornish hen. A neighbor once gave my mom a half of a deer. The side dishes include green bean casserole, creamy mash potatoes, and candied yams. When growing up in our house my mom put up fruits and vegetables in the jars for canning. Spice pickles, corn, pickled beets, and green beans. My favorite was the pie. Pineapple cream pie, with three different fillings. Plus, a home made whipped cream for a topping.

And don't forget, it was rare, but my mom would make a plum pudding. It was put in a mold for a limited amount of time, and when it was done, it was very, very good. It reminded me of when I would pick the plums off the tree as a little girl. I loved them so much, my aunt said not to eat too many, or you would get a big lip.

So let's be thankful for all seasons, because they all mean something in life! So always keep the spiritual food in your heart. Always!