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HANDLE WITH CARE by Joan Mish

Friends are so important in our lives. And now in this retirement community I find many of us are new in Colorado and making new friends is very important to me.

Lean on Me. I have always enjoyed this song ever since I heard it about 10 years ago. Some of the lyrics are:

"I'll be your friend, I'll help you carry on, for it won't be long till I'm gonna need somebody to lean on."

"Please swallow your pride if I have things you need to borrow, for no one can fill all of your needs."

"You just call on me, brother, when you need a hand, we all need somebody to lean on."

"When you are not strong I'll be your friend. I'll help you carry on for it won't be long till I'm gonna need somebody to **lean on.**"

Environment is another thing we need to handle with care. I truly believe in Climate Change and I have been in several groups to learn what we can do to save our earth. We need to cut greenhouse gas emissions by 33% in the next 10 years and 52% in 20 years. This will create 2 millions jobs nationally in 10 years and 2.8 million in 20 years. The Citizens Climate lobby that I have belonged to, are advocating a federal tax (fee) on fossil fuels at the source. This revenue would be distributed back to United States household to offset higher energy costs.

We also must be aware of what we consume and how we get rid of garbage.. Recycling is very important. It will save our earth. And how can we save energy in our homes? Turning off lights, carpooling when going possible and taking care of not littering the grounds. Listen to your grandkids. They are learning lots of things about the environment in their schools. On a recent trip my grandson he counted all the windmill farms we saw! Keep yourself educated. Monarch butterflies are disappearing. Why? because of the chemicals used to keep away weeds. Our grandchildren are learning about the nature that is disappearing. Listen to them!

Handle w/ Care our friends and the earth.