

Life's Pathways

by Liz Gibbons

Would I change my life if I could live it over again? I have written three versions on this topic over the last few days. I revisited various old challenges that were dealt with. But after rereading each version I reflected that I am not unhappy, not angry, and don't have regrets, so would I really want to change anything? Some experiences I would gladly prefer not to have had to deal with. Yet, as is so often the case, these were some of my biggest learning experiences. I am grateful for the opportunities I have had in this life. I feel fortunate to have grown up in this time period of much change and its associated challenges. I have questioned many things and followed the interesting pathways where my curiosity led.

So the question arises as to what role did I play in creating this life? I have been reading *Citizens of the Cosmos* by Beredene Jocelyn. In it she often refers to various Rudolf Steiner lectures and philosophy. She says that we choose our parents, our sex, and the place of our birth and that our experiences and destiny are "self-created and designed for our perfecting."

There is also another factor to consider. Reincarnation was originally a part of Christianity. It is still a common belief in the eastern part of the world. I contend that we don't live life on earth just once and then live in the spiritual afterlife for eternity. I believe we keep having new experiences in this vast universe after we leave this earthly plane and that can include various additional lives on earth or in other realms. If this is the case, then I will have the opportunity to create circumstances for many more lives.