

Life's Storms Can Bring Fresh Horizons

by Liz Gibbons

When the storms of life descend
And all seem hopeless and grim,
Face the storm with courage,
The answer lies within.

Go beyond the cursing and wailing.
Relax, step back and become still.
Listen to the storm's raging.
What is it really conveying?

Is it pointing to a new path,
Revealing a mistaken belief,
Leading you to a deeper awareness,
Lifting you to new insights?

Life's storms are not always a calamity,
They can awaken us to higher aspirations.
Instead of cursing the downpour, dance in the rain,
And be your own shelter in the storm.