

Hurrah for Fridays

by Liz Gibbons

Since moving to Windsor Gardens my favorite day of the week is Friday. The other weekdays are very enjoyable as I attend many classes and am involved in various activities. Weekends are often busy. But Friday I seldom have any scheduled activity. So I can spend the day any way I choose to configure it. Sometimes it is a catch up day doing nitty-gritty things I have put off doing all week. Often it is an exploration day. Being new to Denver there are many stores and areas that are unfamiliar. So I often set off on an exploration trip checking out a store or touristy place. I may use it as a day to try a new restaurant, either dining there or getting take-out, or I may go to Barnes and Noble and browse the bookshelves. Sometimes I read or catch up on watching some of the Spiritual Cinema Circle movies that I receive monthly. In a nutshell, I like Friday because I feel as if there are no demands upon me.