Technology is Creating a Zombie Society

by Liz Gibbons

Cyberspace is the new reality. From using large desk top computers we downsized to "holdables." Now wherever there is human activity you see people with their eyes welded to their phones. Children born into the world in recent years are only aware of this reality. Neural networks and pathways are changed in the brain as digital information is constantly received. This technology is rewiring the brain of its users and transforming human relationships.

Social media has hijacked childhood. Zero Hedge reported last Friday that teachers are trying various techniques to get students to relinquish use of their phones during school hours. What surprised them was that many students exhibited separation anxiety when they did not have their phone in their possession revealing how addictive social media is.

A study in a college classroom reported that when students were instructed to shut off their cell phones they felt very uncomfortable. This experiment lasted for three weeks. It was a challenge as the whole framework of how they dealt with each other became different. They had to get used to looking into each others eyes. Before people had just been blips on a screen. The students reported that their level of empathy had increased.

Cell phone and internet technology have had a dramatic effect on society. Social media is misnamed. It is really social surveillance. It is social manipulation. The powers that be do a very effective job at keeping us divided by race, culture, religion, lifestyle, or income level. When we look at each other in this manner, we seem to be separate and apart. Until we can see that those identification labels are not who we are, we can easily feel isolated in the chaos and mindset of the world at this time.