

Welcome to The Golden Years

by Liz Gibbons

- Ah, those Golden Years, when you look in the mirror and wonder what happened.
- You reflect that when you were very young you wished to be older and realize how wrong you were.
- You wonder at what age you become old enough to know better.
- You don't remember "wrinkles" being on your wish list of life goals.
- You do a lot of wondering. Where am I going? What is it I am supposed to do today? Why did I walk into this room? Where are my keys?
- You visit your doctor and pharmacist more often than your best friends.
- You worry that you will outlive your money.
- You constantly play hide and seek with your belongings
- You are no longer asked for an ID when you request a senior discount.
- "Getting lucky" means finding your lost car in a parking lot.
- Prunes and bran become a necessary part of your diet.
- Your favorite childhood toys are now antiques or collectibles.
- You are like an old car and keep needing parts to be replaced.
- "Pulling an all-nighter" means not getting up to pee.
- And for women, when your boobs droop down to your waist, you know The Golden Years have taken their toll.
- Ah, yes, those wonderful Golden Years.