

Our Interesting Ears

by Liz Gibbons

I never paid much attention to ears until my Mother commented to me when I was a teenager that she was so glad that neither my brother or I had inherited my paternal grandmother's big ears. I had never thought much about ears before. My paternal grandmother did have large ears that were fairly flat against her head, She was born in 1863 and was seventy years old when I was born. I began to notice the ears of other older people, and many of them seemed to have larger ears than younger people. Looking at old photographs from the 1800s many people did seem to have large ears. I wondered if ears grew as you got older. I did not think they did, or if they did it would not be to the degree of difference I was observing.

One thing I learned in my curiosity about ears many years ago was that the size of a person's ears indicates the size of and strength of their kidneys. The size of your kidneys is the size of your ears. A baby's ears develop at the same time as the kidneys. If your ears are thicker and flatter against your head it indicates your overall constitution is strong. If you notice that the grandchildren and great-grandchildren in your family have smaller ears the biological strength of your family is growing weaker. I attribute this to a poorer diet in utero. Incidentally, my grandmother with the large ears lived for 94 years.

Many cases of deafness are related to the health of your kidneys. A few years ago when I had some health issues I chose to consult traditional Chinese Medicine practitioners. I learned my issues were related to kidney yin deficiency. This also affected my hearing ability. It was indicated that if I could get my body balanced my hearing might return. Progress has been so slow that I finally gave up and purchased hearing aids.

I recently saw an interesting picture about ears. If you lay your two ears down flat they form the shape of a heart. In the middle of the word heart is the word ear.

My husband often used me as a sounding board for his ideas. Many times people work out challenges or possibilities when someone listens to them as they talk about their problem or ideas. Oftentimes the greatest gift you can give someone is just to listen to them.