

## Catching up on Movie Watching

*by Liz Gibbons*

Those times when I have nothing to do are rare. I have lots of interests and something always seems to be begging for my attention. However, when I feel caught up with things that I think I have to do, I catch up on watching my Spiritual Cinema Circle movies. I receive a DVD each month with one full length movie and three shorts. When the company was associated with Gaia one program from Gaia was also included each month. When a DVD arrives I may watch the shorts, but I seldom take the time to watch the full length movie. They often pile up and when my son, Bob, visits we usually watch one or more of the full length movies while he is here.

While I enjoy the movies, I don't subscribe to it just for the movies. I subscribe to give support to independent movies producers. Bob graduated from the University of Colorado in Colorado Springs in the mid 1980's with a major in communication in video production. One of his videos made while in college won a prize in the New York City Film Festival. After college he produced a full length movie titled Cathexis, which is a psychological thriller. He wrote the script, hired the actors, produced, directed, and edited the movie. A good friend did the filming. It was a pretty good movie with an interesting plot, especially considering his low budget for it. (As his mother I wouldn't be prejudiced, would I? No. Never.) He thought he had a good distributor, but it went nowhere. He worked in Hollywood for a few years and in New York City making contacts and trying to get experience. Finally, he realized he needed to go in a different direction. So he has focused on photography and video production. Because of his experience I am a supporter of Spiritual Cinema Circle. In this time when my activities are curtailed the movies are providing me with good laughs, tugs at my heart strings, ideas to ponder, or just an enjoyable time.