

A New Day

by Loweta Kimball

Dr. Heartsill Wilson's poem "A New Day" states, "This is the beginning of a new day. God has given us this day to use as we will. We can waste it or use it for good, but what we do today is important, because we are exchanging a day of our life for it. When tomorrow comes, this day will be gone forever, leaving in its place something that we have traded for it. Will it be gain or loss, good or evil, success or failure so that we will not regret the price we paid for it?"

As I watched my two daughters grow into adulthood, I recall many of the conversations held around making joy and happiness staples in our household. Unhappy situations over which we had no control had no place at 2550. No solution, no friend, move on. We decided that our tomorrows were gifts to cherish and look forward to. A quote from Maya Angelou says, "When you know better you do better." We wanted better so we captured joyous moments for our memory banks: school and church activities and events; trips to grandparents; sporting events; learning crafts; and above all, top grades in school to make college affordable.

I told my daughters that when they became overwhelmed by the deluge of darts thrown at them, and they would be darts of anger, hate, gossip, prejudice, and felt they were drowning in a sea of despair, drop the anguish and move on! I wanted them to know that each new day was to bring some measure of joy with the opportunity for new ideas and growth; a new beginning. Their activities of today, whether important or not, good or not, would become their memories for tomorrow.

Tomorrow is another gift God has given us. Be mindful how we plan to use that new day for in 24 hours, it too will become a memory.

Visiting my daughter's home the other day, I saw copies of my grandchildren's memory books. What a joy!