

Love and Altruism

By Maggie Beyer

Altruism. There's a word to lift your hat to!

The renowned poet Elizabeth Barrett Browning would know it well.

When altruism zags into your heart it fills the fullest, most sacred part of our being where it lies dormant until given the opportunity to pass on to another. Browning understood this love – bang, bang, bang, let me count the ways," she wrote.

As words of love go, so do those of altruism, entering the hearts and lives of people everywhere.

As with the mountainside that carries hidden depths, love and altruism flow the way a mother dresses her son and says "good boy" and dresses her little girl and gives her a hug.

Mothers share their altruism through love and it grows within love's spirit that cannot be counted. It grows on and on.