

Water Has Feelings Too!

By Mary Jane McCormick

On pilgrimage to Ireland in 2007, we became a captive audience to many legends, myths and fairytales, especially stories about the some 3000 wells that exist all over the Emerald Isle. Most of these wells date back to pre-Christian or pagan times. These springs served as a form of natural religion in which wells were held as sacred.

There is a tradition that if you offend a well, the water will move. Offences would be washing your clothes, throwing trash into the well or denying people access to it if it is on your property.

One legend concerns a parson in county Tipperary who posted a "Keep Out" sign reacting to a group of teenagers who celebrated Garlic Sunday around the well. The water in the well stopped flowing and later it bubbled up nearby but off the parson's land. But again this well found no peace. A woman washed her clothes in it, so the spring moved to its current location in the Province of Munster.

In 2004, the movie *What The Bleep Do We Know!* grabbed the attention of thousands all over the world. The film uses documentary-style interviews, computer animated graphics and a narrative that posits a supernatural connection between quantum physics and consciousness.

The most striking section is called, "The Hidden Messages in Water." Dr. Masaru Emoto displays microscopic pictures of water crystals demonstrating that water actually reacts to thoughts, feelings and sounds. After the same water droplets had been treated with certain written or spoken words or musical sounds, they were flashed frozen and photographed using a technology called dark field microscope. If blessed with words such as "love" or "angel" its crystals appear as a beautifully formed crystalline structure. If the water droplets are bombarded with words like, "You make me sick" or "Demon" the crystals appear disjointed and sickly. One of the most beautifully photographed crystals resulted when the water droplets had been exposed to one of Mozart's symphonies.

I certainly have an appreciation for water, especially as I splash it on my sleepy face and refresh my mouth each morning; and when I enjoy my morning brew or water my plants. I am also aware of the expletives I succumb to when a glass of water crashes to the kitchen floor, or a pot boils over, or as I wait for what seems like forever for the shower to go from cold to hot.

Would it be such a leap to look at climate change from this more personal perspective? It is true that scientist have identified most of the causes for global warming and the resultant droughts that exists all over the world. But this seemingly simplistic ... maybe naive view that water has feelings, gives me pause!

What if I related to water on a more personal level ... beyond simply conserving it? What if I deepened my concern and gratitude for water in my everyday life? What if I showered, washed my hair, sipped my coffee, swam in the pool, and walked in the rain with a greater awareness and love for water? Could this affect the rising sea levels, the melting of snowcaps, and the drying of river beds?

Maybe the cosmic question is not, "How could this possibly help?" but rather, "What could it hurt?"