

## My Constant Companion

*By Marilyn Reeves*

She was with me even before I was born.  
And it wasn't long before she started telling me,  
Do this! Do that! No, you didn't get it right – try again.  
It's been that way my whole life through.  
She just won't stop! She's always telling me what to do.

Sometimes if I've done something wrong  
She won't even let me sleep.  
She just keeps nagging at me all night long.  
Leave me alone! Give me a break!  
We'll deal with this when I'm awake.

But there are times when I'm feeling low  
She does try to comfort me,  
Because that's what Best Friends do.  
It's alright, she says to me.  
Things will look better in the morning  
When the sun comes up.  
You can think about it then.

Other friends may come and go  
But this one will be with me till the bitter end.  
She's in it for the long haul.  
Because you see –  
My very Best Friend is me.