

Truth Is Truth

By Natalie Lawson

Facing the truth of any given situation is sometimes comical, sometimes painful, sometimes embarrassing and sometimes powerful. But whatever the truth is, it is what it is!

I joined the Writers Group as a challenge to myself. A challenge to my mind. Perhaps I was prompted by the fact that my younger sister, Mary, developed a form of Alzheimer's called "picks." She is unable to form words. Although she is very happy and always laughing, it makes it easier for us to accept this truth.

More recently, we had another painful disclosure about my sister Sally. She also has Alzheimer's. We always had a very interesting and fun time because she was full of energy and was always ready to comment on everything and I mean everything. Now she is confined to a life of the past. I miss discussing current events with her because she was very vocal in her opinions.

Another truth is that there is no way to stop getting older, stop the wrinkles, stop forgetting and stop falling! There is one joyful truth, and I'm grateful for it, that is how you feel inside. Forever young!