

A Calm Life

By Natalie Lawson

Simplicity exists in my life especially now, because it's easy to accept a simple way of life in my golden years. When I was young I'd read *The Denver Post* from top to bottom. Every article was interesting and important. I could mostly keep things in my mind and have strong opinions about each article I read.

In fact the world around is far from complacent. There are always situations that need improvement. Ambitious people perhaps can find a pattern of integrity and prospects for success.

After all these years, since 1776, the improvements have been won for our lives, our fortunes and our sacred honor with hard won sacrifices.

One of our steadfast pledges for America is freedom and equality for all.