## Don't Dance So Fast

By Sharon Buchan

After thoughts, I have had a few
Have you ever watched kids on a merry-go-round?
Or listened to the rain slapping on the ground?
Ever followed a butterfly's erratic flight?
Or gazed at the sun into the fading night?
You better slow down. Don't dance so fast.
Time is short. The music won't last.

Do you run through each day on the fly?
When you ask "How are you?" do you hear the reply?
When the day is done do you lie in your bed
With the next hundred chores running through your head?
You'd better slow down. Don't dance so fast.
Time is short. The music won't last.

Ever told your child, "We'll do it tomorrow?"
And in your haste, not see his sorrow?
Ever lost touch, let a good friendship die
Cause you never had time to call and say "hi"?
You'd better slow down. Don't dance so fast.
Time is short. The music won't last.