

Sand Castles

By Suzy Hopkins

I've seen pictures of the magnificent sand castles they have in annual contests on seashores. I always wondered how they made them. I watched a video and now I know: sloppy wet sand. The water drops down to the bottom as you carve. These amazing accomplishments stand for many days.

My four-year-old granddaughter, Giovanna, makes sand castles with different sized buckets that are shaped like castles. If we add just the right amount of water they come out beautifully. However, for her, part of the fun is immediately smashing them with both her little feet. I am sad to see them destroyed but I realize maybe she is right. Buddhist monks do gorgeous sand paintings which they eventually demolish because they believe impermanence is a spiritual necessity. Maybe Giovanna is an old soul.