

A True Vacation

By Suzy Hopkins

When some people go on vacation they have big plans which take them months to make the arrangements for plane tickets, hotels and rental cars. They cram as many sights as possible into nine days. They come home on the last day exhausted.

My favorite vacation is nine days of waking up on my own – no alarm clock, reading at least one of the many books I've set aside to read some day, cleaning out the clothes closets and giving away anything I haven't worn in the last two years, sitting quietly in a lawn chair in my yard with my tiny dog in my lap listening for the sounds of nature and going out for dinner every night.

A true vacation.