

It's Your Turn

By Cindy Peters

Don't we spend our whole lives turning around emotionally, physically, spiritually, or financially? There are so many ways that we turn in life.

For example: I just turned the corner. It was a financial downturn. I have turned the corner in my walk with the Lord. In my dance class I turned into a perfect pivot. I just made a U-turn when I was going the wrong direction.

In life we make so many twists and turns. How many times did we make the wrong turn until we discovered a better way to turn? Or we have had a turn for the better in our diet and health?

Sometimes I wish I could turn back time so I could better appreciate those moments that I took for granted. But what would happen if we did not turn? We would remain stagnant. We would never grow or change. However, we are ever evolving and changing. Life itself is ever changing. Many times, in life we do not choose to turn. Life has a way of changing in unexpected twists and turns without our permission. Then life forces us to turn and sometimes in directions we do not even want.

There are so many examples of turning: The weather is turning worse. My hair is turning gray. This car turned the wrong way and turned into me. Sometimes I just want to turn off everything: fake news, the riots, the racial tension, the wars, the pandemic, and diseases. Sometimes I just need to turn off the television and internet. I gain great strength when I turn to nature and God's creation.

I find as I get older, I have less control to turn anything. Sometimes I cannot even turn the simplest things like the lid on a jar, a door knob or turn time back on the clock. However, I must turn things that I have control of. I must turn my thoughts into positive thoughts. Sometimes I just want to turn off my thoughts. I must turn a forgiving heart to those who have wronged me. I must never turn a blind eye to wrongs and injustices. I must try to turn into a better person. I cannot turn the world around, but I can turn myself into the best person that I can be.