

The Beauty of Healing

by Dennis Payton Knight

The challenge is to write about how beauty heals, and it sets one to inquire what beauty is. Is beauty the face that shows no blemish? Or is beauty the scar that remains, proving the power of healing.

Is beauty the shape of a perfectly symmetrical tree, or is it found in the branch that has become crooked carrying the load? Is beauty the ostentatious bloom that draws all the energy to itself, or is beauty in the bloom that takes what it needs and leaves the rest to the next bud, and the next.

How far below the surface does beauty go? Is it found in a fashion magazine? Or is it in a leper, marred by the fate of a mere bacterium, yet holding dearly to the beauty of life.

Is beauty in the well fed, or in the one who shares a piece of bread with someone hungrier. And could it be that true beauty lies in bread that is shared?

Is beauty a reflection of the mirror, or a reflection of the heart? Beauty that is skin deep may have the power to lure, but it is only beauty that resides deep in the soul that has the power to heal and to be healed.