

*By Hap Hansen*

Optimistically!!!!

We are going through,  
an endless cycle of change.  
Wearing masks all day!

Will it ever end?  
Will Covid just disappear?  
Is round two coming?

We are getting bored.  
No contact, little loving.  
Should not be that way!

How can we all help?  
Our warriors are too few  
and are getting weary.

Should we stay inside?  
Looking at the fear outside!  
No! Check on neighbors.

Are they all okay?  
Do they need a helping hand?  
They need loving too!

Progress will be made.  
The silent war continues.  
A vaccine will come.

We can do our part.  
Take a mental health moment.  
We will all survive.

Call a friend today.  
We are in this together!  
Optimistically!!!