

Topic: Changing of the Guard

We Must Not Go Back to Normal  
*by Liz Gibbons*

The Changing of the Guard mainly refers to the ceremony at Buckingham Palace. But in this present time I think of that expression referring to the changes that our happening around us daily. When the stay-at-home order was first issued we thought it would be for two weeks. Then it was extended, and there was talk of when were we going to get back to normal. Finally we realized that we are not going to return to normal. I view that as very positive.

I believe the United States is at a crossroad. Do we continue down the path of tyranny with our lives controlled down to the most mundane activities. or do we realize this is an opportunity to head in a new direction that serves humanity and nature?

To accomplish the latter option, we have a lot of growing to do. The chaos going on in the world is perhaps what is needed to push us to advance. There is so much to be changed. We blithely live our lives, knowing that there are myriad of problems to be solved. We make some progress, but it is usually very slow. The way society is structured we encounter roadblocks. There is an element that does not want the situations to change. Keep us poor and ignorant. Control what we can say and view. Such things as poverty, homelessness, an educational system that does not educate but indoctrinates, a medical system that does not understand how the human body functions, abortion of millions of babies, endless wars, a lying media, greed, and lack cannot be accepted as a normal part of life.

We are being given the opportunity to create a new way of life. We need to work for change in a constructive manner, not through riots and force. Most of us experience the world primarily through our mind and five senses. For many the symbols of success are based on outward possessions such as fancy car, big home, lots of money and not on character. This is the basis of the American Dream. Can we change and begin to experience the world from the heart where we feel empathy for others? If so, our reality would change. And if we lived our lives along the lines of doing no harm and expressing ourselves from our highest potential the world would change in a very short time. Can we rise to the challenge which is a huge one? Where do we start? Perhaps it is within each one of us.